



Glenview Leisure Club

Code of Conduct 2026



The Glenview Leisure Club Code of Conduct 2026 sets out the standards and behaviour expected from the staff, members and all other customers in each area of the club.

All members, members guests and hotel guests must check-in at the leisure club reception. Members check-in by using their key fob or by giving their full name to be manually checked in by a member of staff.

- Members and guests found not adhering to the rules and regulations could be asked to leave the premises.
- Membership access and classes is only available to current active members and any expired members must speak to a member of the membership team or the club manager to use the facility and classes outside of membership dates.
- Members guests can be refused if any area of the club is reaching max capacity as per the club NOP.
- All Guests are to comply with the code of conduct of Glenview Leisure Club at all times. Failure to do so may result in either sanctions or cancellation of their membership.

Health & Safety

- Members, hotel residents and any guests must inform staff member upon check-in if they have any medical issues that could affect their safety or the safety of other users when using the Glenview Leisure Club facilities.
- Members, residents or guests who have any form of medical condition or who are on strong medical prescriptions should consult their doctor before using any of the Glenview Leisure Club facilities.
- Management will not be in any way responsible for any harm which may come to a member, residents or guests as a result of him/her undertaking, within the Glenview Leisure Club, any activity which is beyond his/her physical capacity whether due to a medical condition or otherwise.
- Members/Guests who undertake their own fitness/exercise program without consultation and advice from a member of our fitness team are personally responsible for their own well being
- Members, residents or guests shall not use the facilities of the Glenview Leisure Club while under the influence of alcohol, drugs (whether prescribed or otherwise) or any other substance which may put their safety at risk.
- Members, residents or guests are advised not to undertake strenuous physical activity for which they might be medically unfit and are also advised to have a medical checkup before embarking on any strenuous activity.

Swimming Pool, Sauna, Steam Room, Jacuzzi and Hot Tub/Plunge Pool

- Swim hats must always be worn in the pool and are available to purchase from the leisure club reception.
- Suitable and appropriate bathing suits and not towels are to be worn in the sauna, steam room, or on pool deck.
- Leak proof swim nappies are to be worn by children who are not toilet trained and are available to purchase from the leisure club reception.
- No outdoor footwear is permitted on pool deck at any time. Blue pool overshoes are available at the leisure club reception.
- No persons under any circumstances allowed on pool deck unless in swimwear or when collecting or dropping Children off for swim lessons.
- All members, residents or guests must shower before entering the pool and after using the sauna and steam room prior to re-entering the pool.
- Children under 16 will not be permitted to use sauna, steam room and Jacuzzi or outdoor hot tub.
- Jacuzzi and Steam room rules of usage apply and users should read the correct usage signs before using these facilities.
- Lifeguard may change rules and regulations poolside at any time if he or she feels necessary for health and safety.
- Members, residents or guests found not adhering to the rules and regulations may be asked to leave the premises.
- Pool depth 1.3m (strictly no diving, jumping, rough play or climbing on low walls in pool area)
- No glass, sharp objects, inflatables, toys, phones or recording devices are permitted on pool deck.
- Pool bather capacity is 44 people (including sauna, steam room and jacuzzi) patrons at any one time. Members, residents or guests will not be allowed access when this number is reached.

- Swimmers using the swim lane are advised to swim in a clockwise direction. Please use caution when entering/exiting the swim lane.
- Swim lanes are strictly for swimming. Please use correct lane etiquette
- To enter and exit the pool please use steps provided. Do not stand on the over flow grid at any time.
- The pool time table is subject to change at any time.
- No mobile phones, cameras, laptops or any recording or electrical equipment allowed in the pool area, including Changing rooms, Sauna & Steam Room.
- Children under the age of 16 years must be supervised by parent or guardian aged 18 years or over at all times.
- Children aged 10 years & under must have parent or guardian aged 16 years or over in the water within arm's reach at all times
- No prams, buggies or carry tots allowed on the pool deck
- You must shower and use toilet facilities before entering the pool.
- No food, drinks, or glass allowed in the pool area. Water is permitted in plastic water bottles.

Gym and Fitness Classes

- Prior to using the gym all members are advised to have a gym induction to be shown the correct use of all gym equipment. This usually take around 15 minutes.
- Members can avail of fitness programmes every 6-8 weeks once booked, throughout their membership term.
- Access to the gym is strictly for members aged 16 years and over unless during the agreed teen gym hours where 13-15 year olds may use the cardio and studio equipment under the supervision of a parent/guardian who must also be a member.
- All users must wear appropriate work-out clothing. No boots, shoes or sandals are permitted.
- Instructor's advice on correct use of equipment is to be adhered to at all times.
- In the interest of hygiene and respect for fellow users, please ensure that you wipe down all machines after use, and re-rack all weights used.
- All gym users are to abide by the clearly displayed gym rules located in the gym.
- Members, residents & guests must vacate all gym facilities by 9.30pm Monday to Friday and 8.00pm on Saturdays and Sundays.
- Classes are available for members and must be prebooked via the Fitsense booking app.
- Classes are subject to change, minimum number of 3 is required for a class to go ahead.
- No mobile phones, cameras, laptops or any recording equipment allowed in the gym.
- No food, chewing gum, hot drinks, or glass allowed in the Gym with the exception of water in plastic water bottles.
- If you become or feel unwell during a class, please inform the fitness instructor.
- If you need to leave the class at any stage please do so without interfering with the class, however, you may not return till class is over.
- All equipment must be wiped down with disinfectant spray and paper towels provided & paper towels disposed of in the bins provided.
- Please return all free weights to the correct dedicated place after use.
- Gym Users must not interfere with TVs or music as set up by the Glenview Leisure Club staff.

Changing Rooms

- Boys & Girls over 8 years are not permitted to use the opposite sex changing rooms.
- Lockers are provided for the security of personal items when using the club.
Management does not accept responsibility for lost or stolen items.
- When lockers are in use, all items must be removed when leaving the premises.
- All cosmetics must be removed before entering the pool.
- Washing of hair in the sinks is prohibited.
- No glass is allowed in the changing rooms, make up, aftershave, perfume bottles etc.
- Please use bins provided for nappies or sanitary items.
- Cubicles are only for changing in, please do not leave items in the cubicles, use lockers provided.
- Please turn off taps when finished using them.
- Please dry off in shower area before entering the main changing room area
- Please flush toilets after use.
- No food or drinks (except water in plastic bottles) to be consumed in the changing rooms.

Disorderly behaviour is considered any behaviour which is likely to cause a nuisance or is danger to other customers or leisure club staff and should be stopped immediately. Our code of conduct for each area of the leisure club is part of the leisure club NOP'S.

Disorderly behaviour may include aggressive behaviour, lewd comments or suggestions, making threats or an invasion of a person's personal space.

ANY AGGRESSIVE OR DISORDERLY BEHAVIOUR TOWARDS A STAFF MEMBER, CLUB MEMBER OR HOTEL GUEST WILL NOT BE TOLERATED AT ANY TIME. THIS TYPE OF BEHAVIOUR DEPENDING ON HOW SEVERE MAY LEAD TO THE GARDAI BEING CALLED AND YOUR MEMBERSHIP BEING CANCELLED.